

## **5-42/000.00 - Inmate Exercise and Recreation**

### **PURPOSE OF ORDER:**

The purpose of this order is to address inmate exercise and recreation at the Inmate Reception Center (IRC).

### **SCOPE OF ORDER:**

This order shall apply to all personnel assigned to and/or working in any capacity at IRC.

### **ORDER:**

California Code of Regulations (CCR), Title 15, Section 1065 requires Type II facilities to implement written procedures for exercise and recreation.

The booking process at IRC does not surpass 24 hours and involves inmates cycling through multiple stages of classification and medical screening prior to assignment at a permanent housing facility. Inmates are afforded the opportunity to view television in between stages of the booking process, but the nature of this process typically does not allow for recreational time.

Inmates waiting to be medically/mentally cleared may be assigned temporary housing in Module 231. Inmates housed in Module 231 who are no longer subject to medical or mental health processing but are only awaiting housing shall be allowed access to the outdoor recreation area for up to 3 hours per week. The exception will be for inmates who have not completed their medical or mental health processing or whose medical or mental health status makes their introduction to the outdoor recreation area unsafe. All offers of recreation time or refusal of recreation time shall be noted in the E-UDAL.

Upon completion of the entire booking process, inmates will be assigned to their designated permanent housing facility, where they will have full access to regularly scheduled recreational programs, games, and television. For additional information, please refer to the Custody Division Manual (CDM) Section 5-13/120.00 Exercise and Recreation.

