

## 3-05-084 Physical Training and Department Athletic Events



MPP 3-09/300.00-15

### **PURPOSE OF ORDER:**

The purpose of this order is to establish procedures regarding participation in physical training and/or Department athletic events by Men's Central Jail (MCJ) personnel.

### **SCOPE OF ORDER:**

This order shall apply to all personnel assigned to and/or working in any capacity at MCJ.

### **ORDER:**

Personnel who choose to exercise shall do so before or after their scheduled work hours.

[REDACTED TEXT] The room is available for use twenty four (24) hours a day by all personnel who are paid members of the MCJ Gym and may only use the gym while off duty.

NOTE: Personnel shall become members of the MCJ gym before utilizing any gym equipment.  
[REDACTED TEXT]

It shall be the responsibility of personnel utilizing the gym to maintain its cleanliness and to utilize all gym equipment in a manner which would ensure that it is kept in good working order.

### **DEPARTMENT ATHLETIC EVENTS**

Full-time employees may participate in an officially sanctioned Department team or a unit team such as boxing, football, baseball, Baker to Vegas, etc.

Only full-time personnel will be covered by workers' compensation if an injury is sustained during a Department approved athletic event. Workers' compensation coverage is not valid during practice at any level.

It shall be the responsibility of the MCJ unit commander(s) to ensure all Department team members understand the above conditions prior to signing the Acknowledgment of Restrictions on Participation in

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### Departmental Athletic Events (SH-AD-636).

The MCJ unit commander(s) shall not authorize participation for employees relieved of duty or on suspension at the time of such events or to limited duty status employees being part of or engaging in any Department organized team activity, sporting event, or Police Olympics event which is in violation of their restrictions. Verification of limited duty status and restrictions may be obtained from Personnel Administration Bureau, Return to Work Unit.

Recent injury or history of injuries may disqualify an employee from coverage during the events. Previous injuries resulting from Department athletic events may preclude an employee from approval for participating in additional events.

Participants in athletic events shall be permitted as scheduling permits, at the discretion of the unit commander(s), with the concurrence of the division chief and Department director. Only those events considered of sufficient benefit to the Department will be approved, sponsored, and covered by workers' compensation. Employees participating in Department approved events or practicing shall do so on their own time. Use of County time for such purposes is not permitted. Personnel planning to compete must submit an Absence Request (SH-R-96) to the unit commander in advance of the day(s) off requested and indicate how they desire the time to be carried, e.g., Compensatory Time off (E), Vacation (V), Sick Personal (SP) or Holiday Worked Credit (F). The MCJ Unit commander(s) shall make every reasonable effort to accommodate such requests for time off. Overtime shall not be allowed for any employee participating in an athletic event or practice for such event.



**Revision Date 02/19/20**

**Revision Date 05/24/17**

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