# **Section 3-05 - Policy**

## • 3-05-020 Exercising On-Duty

### **PURPOSE OF ORDER:**

The purpose of this order is to establish the policy for exercising on-duty.

### **SCOPE OF ORDER:**

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This order shall apply to all personnel assigned to Pitchess Detention Center (PDC) North Facility.

### **ORDER:**

Due to the need for PDC North Facility personnel to be available to respond at a moment's notice, exercising on-duty shall be prohibited. Exercising shall include, but is not limited to: running, swimming, and gym use.

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