## 7-01/040.10 Thirty Minute Meal Break

Personnel need permission from the Watch Deputy to take a thirty minute meal break. Breaks will not be authorized if they interfere with the timely pick up or drop off of inmates, or other assigned duties. Deputies shall not travel more than one mile off the regular route for a meal stop, without the express permission of the Watch Sergeant. A contact telephone number e.g. cell phone, shall be given to desk personnel.