## 7-01/030.00 Prohibited Force

The following uses of force are prohibited unless circumstances justify the use of deadly force:

- Head strike(s) with an impact weapon
- Deliberately or recklessly striking an individual's head against a hard, fixed object (e.g. concrete floor, wall, jail bars, etc.)
- From a standing position, kicking an individual in the head with a shod foot while the individual is lying on the ground/floor
- Kneeing an individual in the head, deliberately or recklessly causing their head to strike the ground, floor, or other hard, fixed object
- Any choke holds

The following uses of force are prohibited absent life threatening or high risk/assaultive situations:

- Any kicking above the knee
- Carotid restraints
- Head strikes

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